

Stop the Heist:
How to D3FEND Against
ATT&CKS and Save the Day

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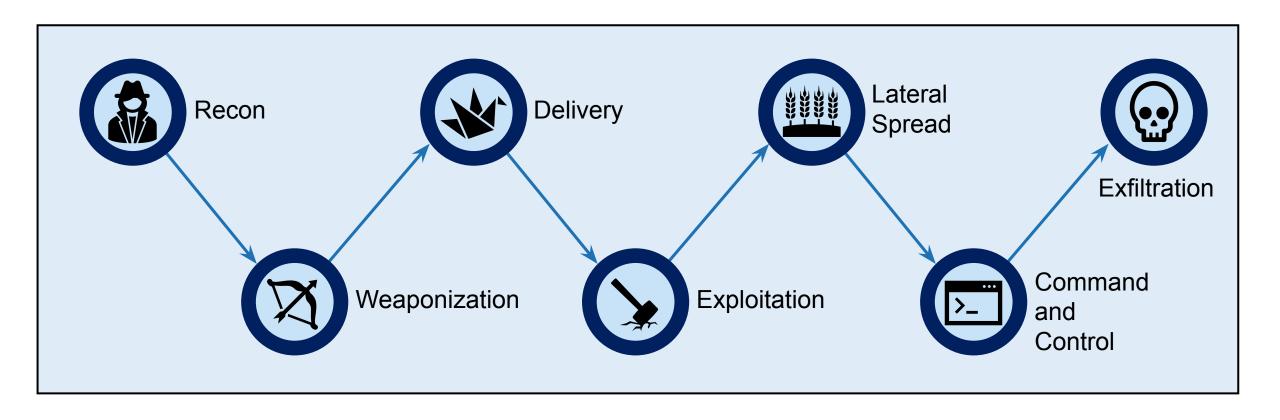
The task of securing Modern Infrastructure







### Anatomy of a Heist: Cyber Kill Chain





#### Next Generation – MITRE ATT&CK framework



#### **Adversary's Goals and Methods**

Tactics, decomposed into techniques and procedures

Reconnaissance

10 techniques

Active Scanning (2)

**Gather Victim Host** 

**Gather Victim Identity** 

**Gather Victim Network** 

Information (4)

Information (3)

Information (6)

Information (4)

Phishing for Information (3)

Search Closed

Sources (2)

Technical

Search Open

Databases (5)

Search Open

Websites

Websites/Domains (2)

Search Victim-Owned

Gather Victim Org

Lateral Movement

9 techniques

**Exploitation of** 

Spearphishing

Lateral Tool

Transfer

Service

Session Hijacking (2)

Services (6)

Replication

Through Removable

Software

Deployment

Taint Shared Content

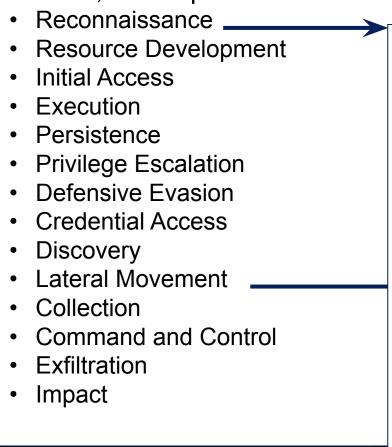
Use Alternate

Authentication Material (4)

Media

Remote Services

Internal





MITRE | ATT&CK°

Matrices Tactics ▼

Techniques \*

Mitigations ▼

System Network Connections Discovery Software

Groups

Resources \*

Blog ☑

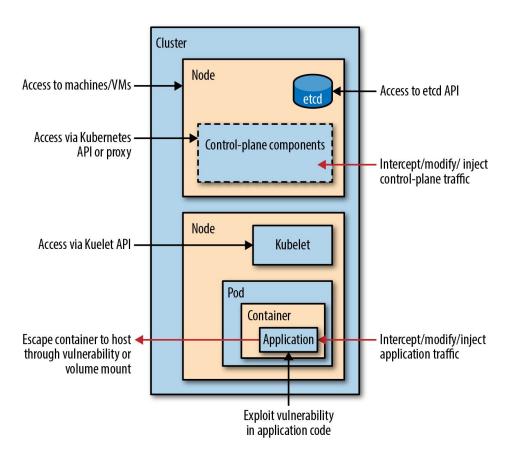
☑ Contribute

Search Q

lavout: side ▼ show sub-techniques hide sub-techniques Privilege Escalation Command Reconnaissance Resource Initial Access Execution Persistence **Defense Evasion** Credential Discovery Lateral Collection Exfiltration Impact Movement and Control Development Access 15 techniques 10 techniques 7 techniques 9 techniques 12 techniques 19 techniques 13 techniques 39 techniques 27 techniques 9 techniques 17 techniques 16 techniques 9 techniques 13 techniques Active Scanning (2) Command and Abuse Elevation Abuse Elevation Brute Force (4) Account Discovery (4) Exploitation of cquire Drive-by Account Application Automated Account Access Manipulation (4) Control Mechanism (4) Collected Exfiltration (1) nfrastructure (6) Compromise Scripting Control Remote Layer Removal Credentials Application Window Interpreter (8) Mechanism (4) Services Data (3) Protocol (4) **BITS Jobs** Information (4) Exploit Public-Access Token from Password Data Transfer Data Destruction Compromise Discovery Stores (5) Accounts (2) Access Token Manipulation (5) Internal Audio Capture Communication Size Limits Facing ontainer Gather Victim Identif Application Administration Manipulation (5) Browser Bookmark Data Encrypted for Boot or Logon Spearph shing Through Information (3) Compromise Command Autostart BITS Jobs Exploitation for Discovery Automated Removable Exfiltration Impact Execution (14) nfrastructure (6) External Remote Boot or Logon Credential Lateral Collection Media Over Gather Victim Network Autostart Build Image on Host Cloud Infrastructur Services Deploy Access Transfer Alternative Data Manipulation (3) Information (6) Execution (14) Clipboard Data Protocol (3) Develop Boot or Logon Discovery Data pabilities (4) Encoding (2) Hardware Exploita Deobfuscate/Decode Forced Initialization Remote Files or Information Cloud Service Exfiltration Gather Victim Org Additions Client Execution Scripts (5) Boot or Logon Authentication Service Data from Defacement (2) Dashboard Session Cloud Storage Information (4) Establish Initialization Over C2 Accounts (2) hishing (3) Inter-Process Browser Scripts (5) **Deploy Container** Forge Web Object Obfuscation (3) Channe Disk Wipe (2) Hijacking Communication (2) Credentials (2) Phishing for Extensions Cloud Serv Exfiltration Information (3) ication Create or Modify Direct Volume Access Discover Remote Data from Dynamic **Endpoint Denial of** Services (6) Capabilities (6) Service (4) Native AF Compromise System Configuration Resolution (3) Over Other Input Search Closed Client Software Process (4) Capture (4) Contai Repository (2) Removable Domain Policy er and Network Sources (2) Modification (2) Medium (1) Media Scheduled Resource Discovery Replication Encrypted Firmware Stage Binary Channel (2) Capabilities (5) Man-in-the-Task/Job (7) Domain Policy Through Data from Corruption Search Open Supply Chain Modification (2) Execution Guardrails (1) Middle (2) Do nain Trust Discovery reate Removable Information ed Modules Technical ccount (3) Media Repositories (2) Fallback Over Physical Inhibit System Compromise (3) le and Directory Medium (1) Databases (5) Escape to Host xploitation for Modify Chang Recovery Software reate or Modify Authentication Software Data from Local Trusted Discovery Network Denial of Search Open Relationship Deployment Tools Process ra Deployment System gress Tool Exfiltration stem Websites/Domains (2) ncess (4) Execution (15) File and Directory Service (2) Network Service Tools Transfer Over Web System Services (2) Valid Data from Service (2) ermissions Network Scanning Accounts (4) ent Triggered Modification (2) Taint Shared Search Victim-Owned Exploit n for Sniffina **Network Shared** Multi-Stage Resource User Execution (3) ecution (15) Network Share Websites Privileg Content Drive Channels Scheduled Hijacking Escalat Hide Artifacts (7) OS Credential Discovery Transfer Dumping (8) Use Alternate Data from Windows Ex ernal Remote Non-Application Service Stop Network Sniffing ecution Hijack Execution Authentication Removable Transfer Data Management ices Hijack E Layer Protocol Material (4) Steal Media to Cloud Instrumentation System Flow (1 Flow (11) Hijack Execution Application Password Policy Non-Standard Account Shutdown/Reboot Impair Defenses (7) rocess Access Token Discovery Data Staged (2) Port Injection (11) Implant Internal Indicator Removal on Steal or Forge Peripheral Device Email Protocol Imag Host (6) Kerberos Discovery Collection (3) Tunneling /Job (7) Tickets (4) Modi Proxy (4) Indirect Command Permission Groups Input Authe Execution Steal Web tication Discovery (3) Capture (4) Proce ccounts (4) Session Cookie Remote Access S (4) Masquerading (6) Process Discovery Man in the Software Office Two-Factor Browser Applic tion Modify Authentication Authentication Query Registry Traffic Signaling (1) Startu Process (4) Interception Man-in-the-Middle (2) Remote System Pre-OS Web Service (3) Boot ( Modify Cloud Compute Unsecured Discovery Credentials (7) Infrastructure (4) Screen Capture Schedu Software Discovery (1) Video Capture Task/Job ( Modify Registry System Information Server Software Modify System Discovery Component (3) Image (2) System Location Traffic Network Boundary Discovery Bridging (1) Signaling (1) System Network Obfuscated Files or Valid Configuration Accounts (4) Information (5) Discovery (1)

Pre-OS Boot (5)

### Kubernetes Attack Surface



Source: O'Reilly: Kubernetes Security by Liz Rice, Michael Hausenblas

- Enormous Attack Surface
- Multiple potential beachheads and opportunities for lateral spread
  - CI compromise
  - Rogue Controller Services
  - Exposed Services
  - Compromised third-party images
  - Overly-permissive RBAC, Network or Service Account Policies



### Microsoft's Kubernetes Matrix

Initial Access	Execution	Persistence	Privilege Escalation	Defense Evasion	Credential Access	Discovery	Lateral Movement	Impact
Using Cloud credentials	Exec into container	Backdoor container	Privileged container	Clear container logs	List K8S secrets	Access the K8S API server	Access cloud resources	Data Destruction
Compromised images in registry	bash/cmd inside container	Writable hostPath mount	Cluster-admin binding	Delete K8S events	Mount service principal	Access Kubelet API	Container service account	Resource Hijacking
Kubeconfig file	New container	Kubernetes CronJob	hostPath mount	Pod / container name similarity	Access container service account	Network mapping	Cluster internal networking	Denial of service
Application vulnerability	Application exploit (RCE)		Access cloud resources	Connect from Proxy server	Applications credentials in configuration files	Access Kubernetes dashboard	Applications credentials in configuration files	
Exposed Dashboard	SSH server running inside container					Instance Metadata API	Writable volume mounts on the host	
							Access Kubernetes dashboard	
							Access tiller endpoint	

Application-level threats and risks

Distributed, ephemeral moving parts with varying risk and threat profiles; made from first- and third-party components and tools.

**Kubernetes cluster operations threats** and risks

Software supply chain, build, and continuous integration (CI)-related risks and the delivery automation and continuous delivery.

Kubernetes infrastructure automation tooling, such as application and infrastructure monitoring and microservices life-cycle autonomous controllers.

Human operators (DevOps/site reliability engineering staff) who have privileges to perform actions within the cluster.

Source:

https://www.microsoft.com/security/blog/2020/04/02/attack-matrix-kubernetes/

https://www.darkreading.com/threat-intelligence/microsoft-s-kubernetes-threat-matrix-here-s-what-s-missing



### Shopify

#### SUMMARY BY SHOPIFY



Shopify infrastructure is isolated into subsets of infrastructure. ⓐ0xacb reported it was possible to gain root access to any container in one particular subset by exploiting a server side request forgery bug in the screenshotting functionality of Shopify Exchange. Within an hour of receiving the report, we disabled the vulnerable service, began auditing applications in all subsets and remediating across all our infrastructure. The vulnerable subset did not include Shopify core.

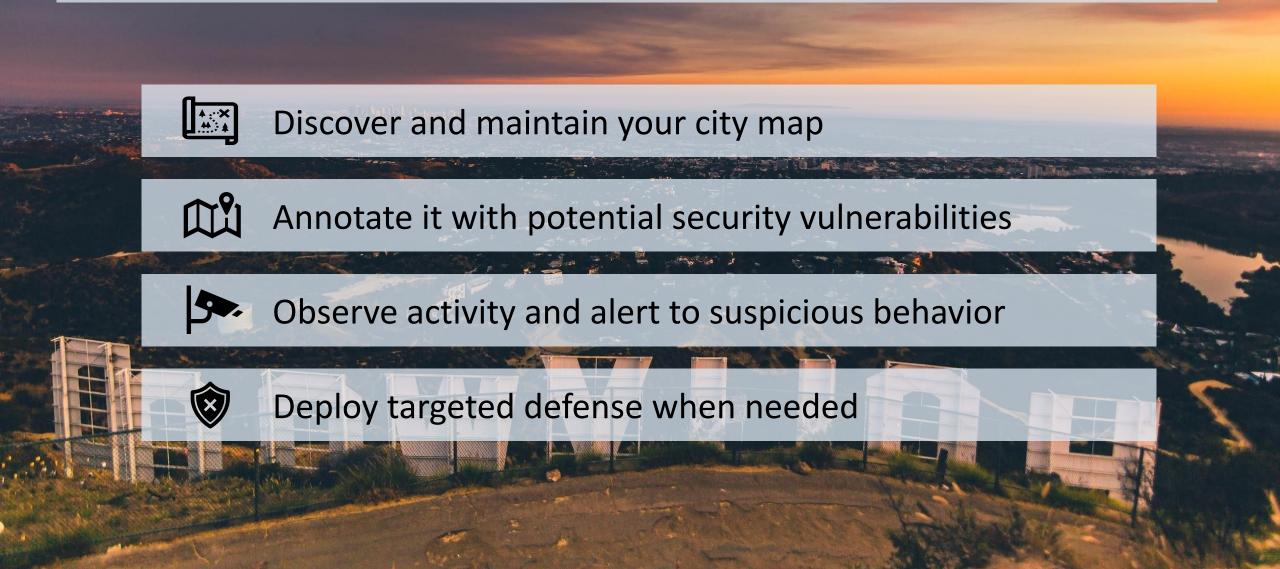
After auditing all services, we fixed the bug by deploying a metadata concealment proxy to disable access to metadata information. We also disabled access to internal IPs on all infrastructure subsets. We awarded this \$25,000 as a Shopify Core RCE since some applications in this subset do have access to some Shopify core data and systems.



### You are the star of your own movie

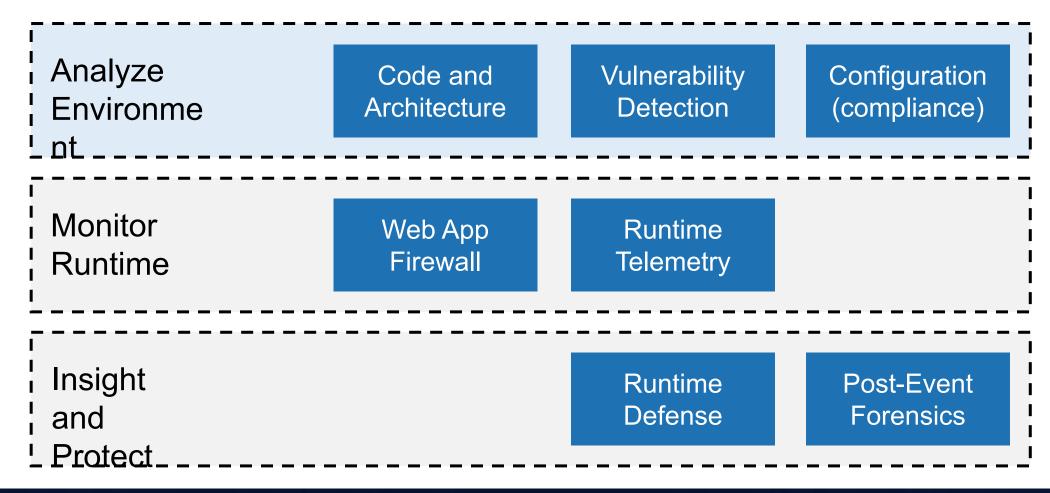


### You are the star of your own movie



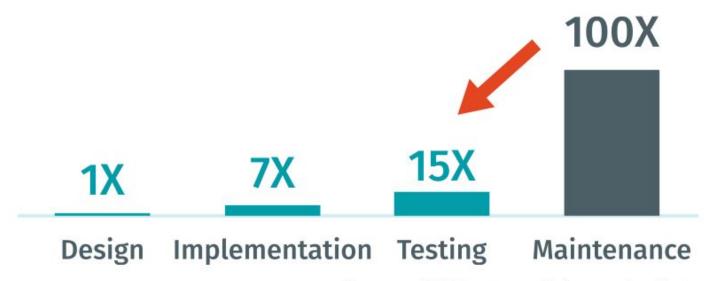


# Tools and Processes for Application Security





Vulnerability
Detection

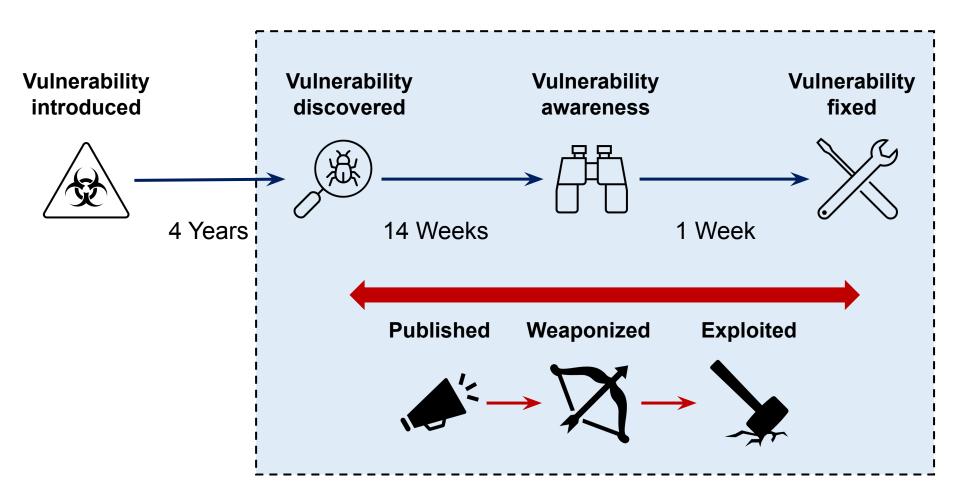


Source: IBM Systems Sciences Institute

Fixing Defects Early in the SDLC Reduces

Costs





Vulnerability
Detection

#### Sources:

#### **GitHub 2020 Octoverse Report**

On average, vulnerabilities in open-source software lie undetected for over 4 years.

Once alerted, it takes 4.4 weeks to find a fix and 10 weeks to publish.

#### Sonatype 2020 State of the Software Supply Chain

51% of organizations take more than 1 week to remediate an OSS dependency vulnerability.

Analyze Code and Vulnerability Configuration **Environment** Architecture **Detection** (compliance) **Monitor** Web App Runtime Runtime Firewall **Telemetry** Insight and Post-Event Runtime **Protect** Defense Forensics



### Spotlight on Misconfiguration

Linus Groh @linusgroh · Jul 5

↑7 69

( 221

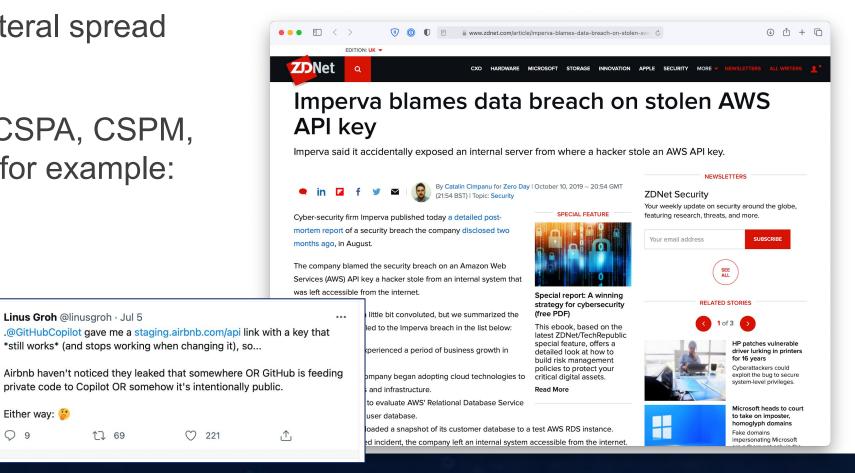
Either way: 😃

Configuration (compliance)

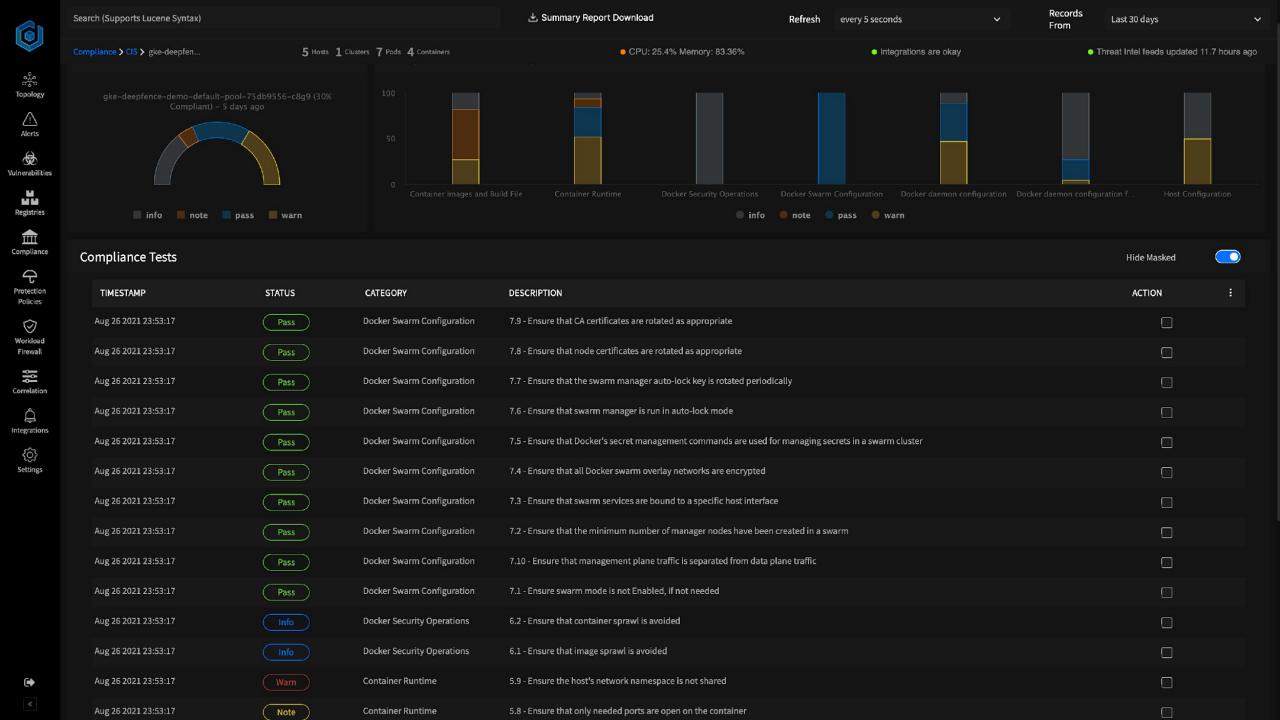
- Identify weaknesses in attack surface
- Reduce potential for lateral spread

Collection of categories: CSPA, CSPM, CASB, Platform-specific, for example:

- OpenSCAP profiles
- KubeAudit



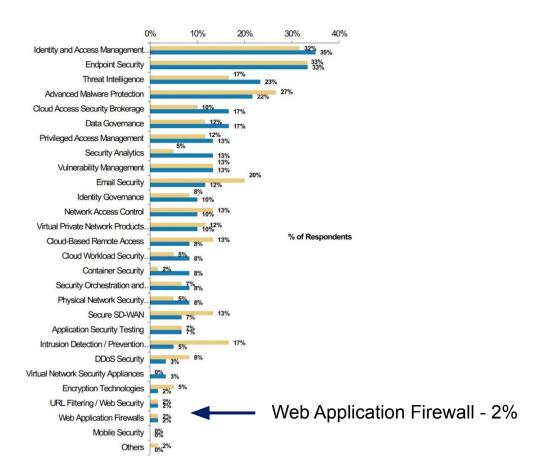




Analyze Code and Vulnerability Configuration **Environment** Architecture **Detection** (compliance) **Monitor** Web App Runtime Runtime Firewall **Telemetry** Insight and Post-Event Runtime **Protect** Defense Forensics



### WAF spotlight



Top 3 Priorities for Security Spending (survey of 60 Chief Security Officers)

#### Web App Firewall



WAF mentality == Castle mentality



Analyze Code and Vulnerability Configuration **Environment** Architecture **Detection** (compliance) **Monitor** Web App Runtime Runtime Firewall **Telemetry** Insight and Runtime Post-Event **Protect** Defense Forensics



#### Not a traditional WAF

- Broader reach and Lower Performance Impact
- Out-of-band rather than In-band

#### Two key telemetry types:

- On-Host: File and Process Telemetry
- Off-Host: Network Telemetry

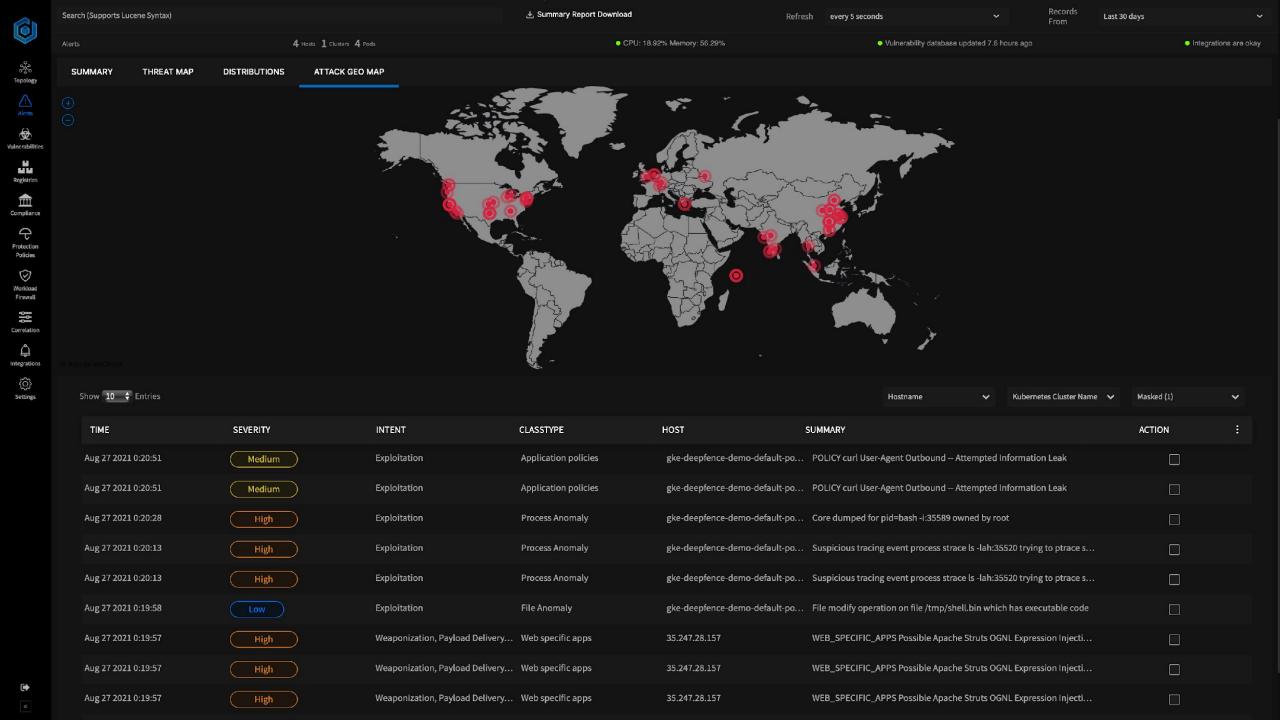
#### **On-Host sensors**

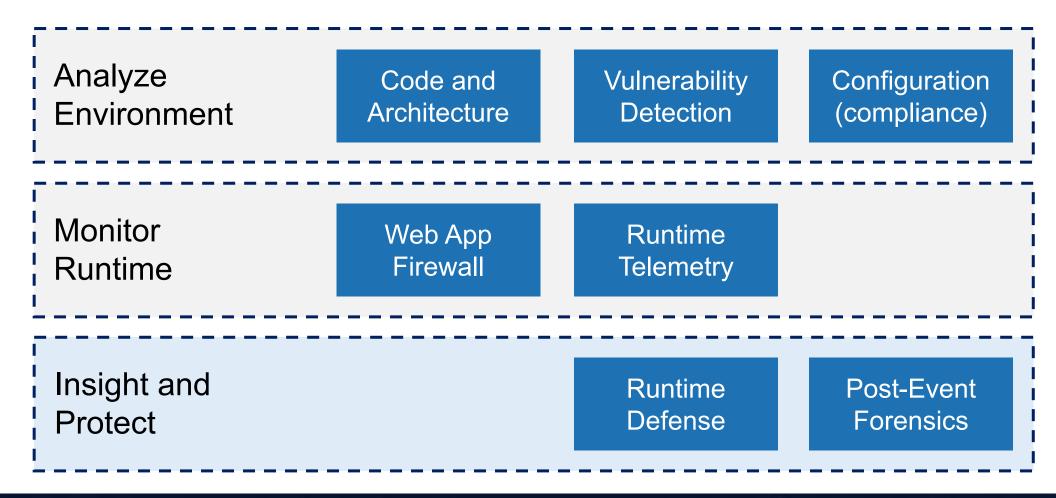
File permissions changed Process started Tracing Event Process exited

#### **Off-Host (Network) sensors**

Known attack attempts e.g. Apache Struts Exfiltration Command-and-Control Lateral Spread





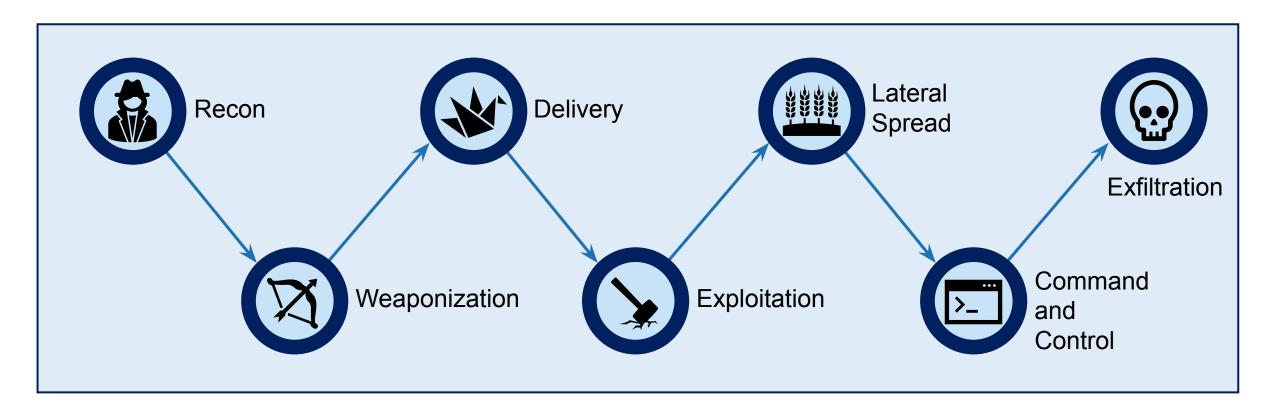




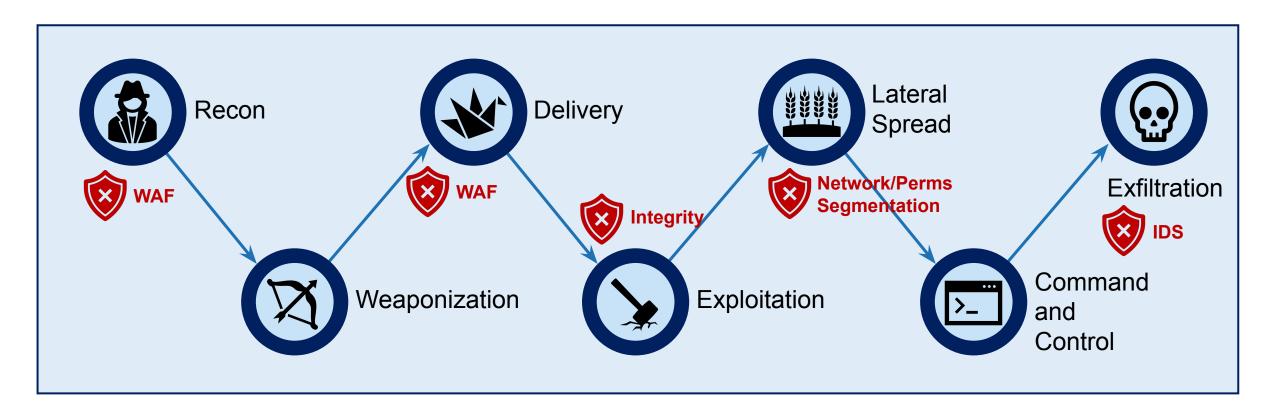


Movie Script for an Attack

### Anatomy of a Heist: Cyber Kill Chain

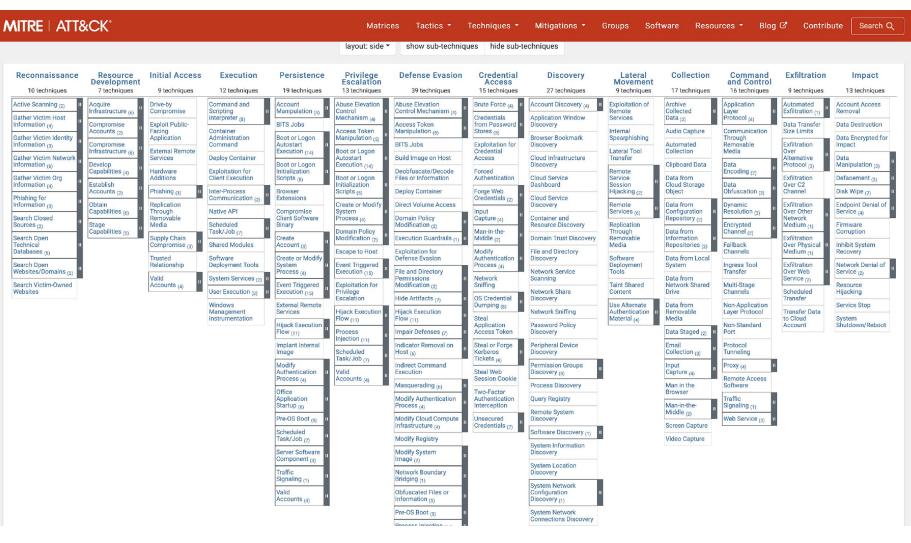


### Anatomy of a Heist: Cyber Kill Chain



### Next Generation – MITRE ATT&CK framework





MITRE | ATT&CK°

Techniques \*

Mitigations ▼

Software

Groups

Resources \*

Blog 🖸

Search Q Contribute

#### GROUPS

Overview

admin@338

Ajax Security Team

APT-C-36

APT1

APT12

APT16

APT17

APT18

APT19 APT28

APT29

APT3

APT30

APT32

APT33

APT37

APT38 APT39

APT41

Axiom

BlackOasis

BlackTech

Blue Mockingbird

**Bouncing Golf** 

Home > Groups > APT29

#### APT29

APT29 is threat group that has been attributed to Russia's Foreign Intelligence Service (SVR).[1][2] They have operated since at least 2008, often targeting government networks in Europe and NATO member countries, research institutes, and think tanks. APT29 reportedly compromised the Democratic National Committee starting in the summer of 2015. [3][4][5][6]

In April 2021, the US and UK governments attributed the SolarWinds supply chain compromise cyber operation to the SVR; public statements included citations to APT29, Cozy Bear, and The Dukes.[7][8] Victims of this campaign included government, consulting, technology, telecom, and other organizations in North America, Europe, Asia, and the Middle East. Industry reporting referred to the actors involved in this campaign as UNC2452, NOBELIUM, StellarParticle, and Dark Halo. [9][10][11][12]

ID: G0016

 Associated Groups: Dark Halo, StellarParticle, NOBELIUM, UNC2452, YTTRIUM, The Dukes, Cozy Bear, CozyDuke

Contributors: Matt Brenton, Zurich Insurance Group; Katie Nickels, Red Canary

Version: 2.0

Created: 31 May 2017

Last Modified: 30 April 2021

Version Permalink

#### **Associated Group Descriptions**

Name	Description
Dark Halo	[12]
StellarParticle	[11]
NOBELIUM	[10]
UNC2452	[9]
YTTRIUM	[13]
The Dukes	[3][14][15]
Cozy Bear	[5][14][15]
CozyDuke	[5]

leaend

Privilege

Escalation

13 techniques

Abuse Elevation

Mechanism (1/4)

Access Token

Boot or Logon

Execution (2/14)

Boot or Logon

Create or Modify

Initialization

Scripts (1/5)

Process (1/4)

Domain Policy

Modification (1/2)

Escape to Host

Event Triggered

xploitation for

Hijack Execution

scalation

Flow (1/11)

rocess

iection

Scheduled

Task/Job (2/7)

ccounts (3/4)

Obfuscated Files or

Information (4/5)

Execution (3/15)

System

Autostart

Manipulation (1/5)

Control

Persistence

19 techniques

xternal Remote

Scheduled

Traffic

Valid Accounts (3/4)

Task/Job (2/7)

Signaling (1/1)

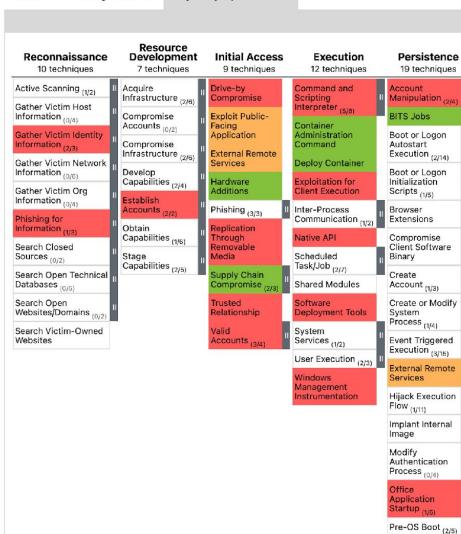
Server Software Component (1/3)

MITRE ATT&CK® Navigator selection controls technique controls  $\triangle$ , Q,  $\Rightarrow$ ,  $\times$   $\triangle$ ,  $\pm$   $\boxplus$   $\bigcirc$   $\Rightarrow$ ,  $\uparrow$   $\stackrel{\wedge}{\sim}$   $\bigcirc$   $\diamondsuit$   $\stackrel{\wedge}{\sim}$   $\stackrel{\sim}{\sim}$   $\stackrel{\wedge}{\sim}$   $\stackrel{\sim}{\sim}$   $\stackrel{\sim$ Credential Command and Lateral **Defense Evasion** Discovery Movement Collection Control Exfiltration Impact Access 39 techniques 15 techniques 27 techniques 17 techniques 9 techniques 13 techniques 9 techniques 16 techniques Abuse Elevation Account Exploitation of Application Automated Account Access Brute rchive Force (3/4) Discovery (1/4) Exfiltration (D) Control Remote ollected Removal Layer Mechanism (1/4) Data (1/3) Protocol (3/4) Services Credentials Application Window Data Transfer Data Destruction Access Token Discovery Internal Audio Capture Size Limits rom Password communication Manipulation (1/5) Spearphishing Data Encrypted Through Browser Bookmark Exfiltration for Impact Automated Removable BITS Jobs Exploitation for Discovery Lateral Tool Collection Media Over Credential Alternative Data Transfer Protocol (3/3) Manipulation (0/3) Build Image on Host Cloud Infrastructure Clipboard Data Data Access Encoding (1/2) Discovery Remote Defacement (0/2) Data from Cloud Deobfuscate/Decode Forced Service Exfiltration Session Files or Information Authentication Cloud Service Storage Object Data Over C2 Hijacking (1/2) Obfuscation (2/3) Disk Wipe (1/2) Dashboard Channel **Deploy Container** Forge Web Data from Credentials (2/2) Cloud Service Remote Exfiltration **Endpoint Denial** Configuration Dynamic Services (4/6) Repository (2/2) esolution (1/3) of Service (4/4) Direct Volume Access Discovery Over Other Network Capture (1/4) Medium (0/1) Domain Policy Container and Replication Data from Encrypted Firmware Modification (1/2) Channel (2/2) Resource Discovery hrough Information Corruption Repositories (1/2) Man-in-the-Exfiltration Removable Middle (2/2) Inhibit System Execution Domain Trust Media Fallback Over Physical Medium (0/1) Guardrails (0/1) Data from Local Channels Recovery Discovery Modify Software System Exploitation for Authentication File and Directory naress Tool Exfiltration Network Denial of Deployment Process (0/4) Service (2/2) Defense Evasion Discovery Data from ransfer Over Web Network Shared Service File and Directory Network Network Service Taint Shared Multi-Stage Drive Resource Permissions Sniffing Scanning Content Channels Scheduled Hijacking Modification (1/2) Data from Transfer OS Credential **Network Share** Use Alternate Removable Non-Application Service Stop Hide Artifacts (3/7) Dumping (4/8) Media Transfer Data Authentication ayer Protocol Discovery Material (4/4) to Cloud System Hijack Execution **Network Sniffing** Data Staged Non-Standard Account hutdown/Reboot Flow (1/11) pplication ccess Token Password Policy Email Impair Defenses (3/7) Collection (2/3) Discovery rotocol Steal or Forge unneling Indicator Removal on Kerberos Peripheral Device Input Tickets (1/4) Capture (1/4) Proxy (4/4) Discovery Indirect Command Steal Web Man in the Permission Groups Remote Access Execution Discovery (1/3) Software Session Cookie Browser Masquerading (4/6) Two-Factor Man-in-the-Traffic Process Discovery Middle (2/2) signaling (1/1) Authentication Modify Authentication Interception Query Registry Process (0/4) Web Service Screen Capture Unsecured Remote System Modify Cloud Credentials, Video Capture Discovery Compute Infrastructure (0/4) Software Discovery (0/1) Modify Registry System Information Modify System Discovery Image (0/2) System Location Network Boundary Discovery Bridging (1/1)

System Network

Configuration

Discovery (171)



Mitigations \*

Home > Resources > Getting Started

#### **Getting Started**

You want to get started using ATT&CK, but where do you begin? Regardless of what you want to accomplish, it's important to understand what ATT&CK is and why MITRE created it.

- ATT&CK 101 Blog Post A quick overview of key points to know about ATT&CK.
- Getting Started with ATT&CK Blog Series Provides an overview of how to use ATT&CK at different levels of sophistication for four use cases: Threat Intelligence, Detection and Analytics, Adversary Emulation and Red Teaming, and Assessments and Engineering
- Getting Started with ATT&CK eBook Pulls together the content from our four Getting Started blog posts on Threat Intelligence, Detection and Analytics, Adversary Emulation and Red Teaming, and Assessments and Engineering onto a single convenient package.
- An in-depth look at why MITRE created ATT&CK, how we update and maintain it, and what the community commonly uses it for.
- Sp4rkcon Presentation: Putting MITRE ATT&CK™ into Action with What You Have, Where You Are

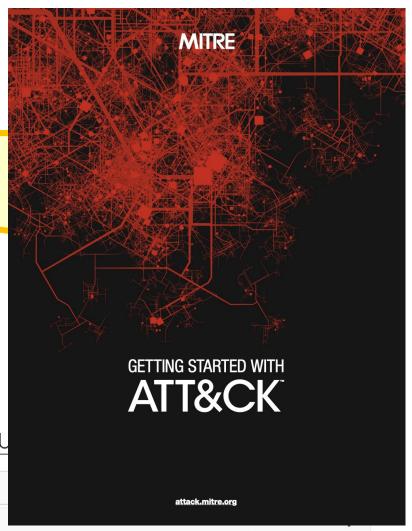
Presents an overview of ATT&CK as well as ideas for how you can put it into action for four use cases. Slides are also available.

 Finding Cyber Threats with ATT&CK-Based Analytics Presents a methodology for using ATT&CK to build, test, and refine behavioral-based analytic detection capabilities.

#### Common L

**Detections and Analytics** 

Threat Intelligence



### MITRE ATT&CK Workbench

#### **Problem**

Defenders struggle to integrate their organization's local knowledge of adversaries and their TTPs with the public ATT&CK knowledge base.



#### Solution

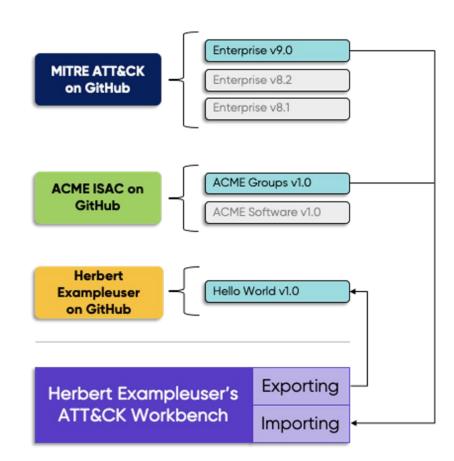
Build an easy-to-use opensource software tool that allows organizations to manage and extend their own local version of ATT&CK and keep it in sync with MITRE's knowledge base.



#### **Impact**

Drastically reduces the barriers for defenders to ensure that their threat intelligence is aligned with the public ATT&CK knowledge base.







### How can you use the MITRE ATT&CK matrix?

- Map to your scope e.g. cloud, K8s, Enterprise
- Assess Coverage using Navigator (mitigations)
- Prioritize Gaps (Navigator, Groups and Threats)
- Gather analytics and baseline
- Tune detection
- Actively attempt to bypass (purple team testing)

#### The 5 quickest wins:

- 1. Vulnerability Scanning in Production
- 2. Process and shell/ssh monitoring
- 3. File Integrity monitoring
- 4. Authentication logs
- 5. Packet Capture and Analysis

**Correlate and Learn** 





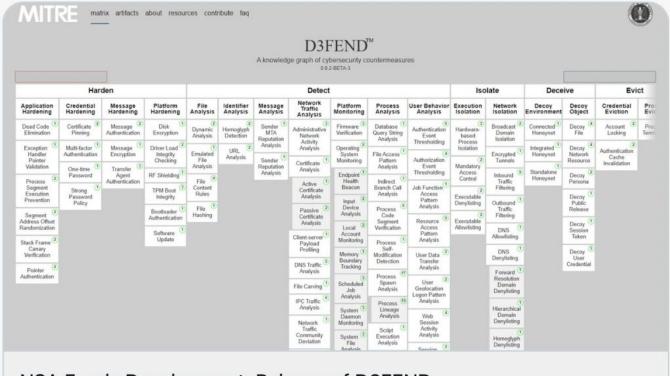
### ATT&CK and DEF3ND

#### Brian in Pittsburgh @arekfurt · 22 Jun

Sweet!

"The D3FEND technical knowledge base of defensive countermeasures for common offensive techniques is complementary to MITRE's ATT&CK, a knowledge base of cyber adversary behavior."

In other words, see what stops what.

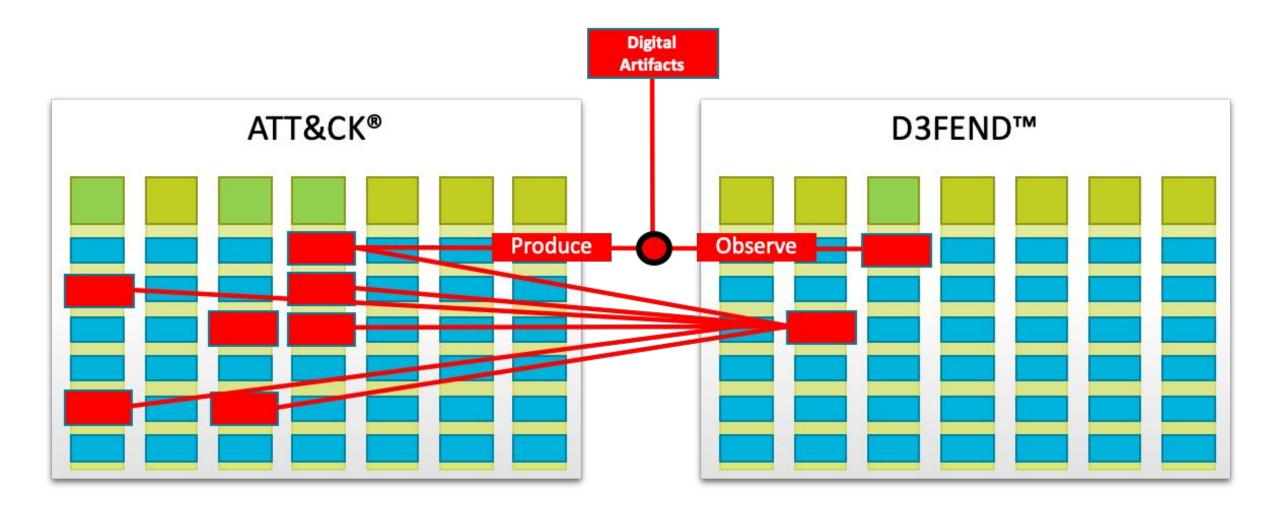


#### NSA Funds Development, Release of D3FEND

D3FEND, a framework for cybersecurity professionals to tailor defenses against specific cyber threats is now available through ...  $\mathscr{S}$  nsa.gov



### MITRE D3FEND







#### **Artifact Details: System Call**

#### **Object Properties**

name System Call identifier d3f:SystemCall

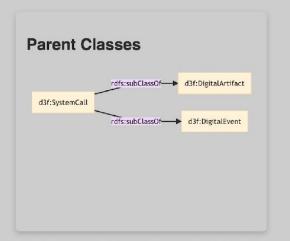
Get System Time

Move File

definition A system call is the programmatic way in which a computer program requests a service from the kernel of the operating system it is executed on. This may include hardware-related services (for example, accessing a hard disk drive), creation and execution of new processes, and communication with integral kernel services such as process scheduling. System calls provide an essential interface between a process and the operating

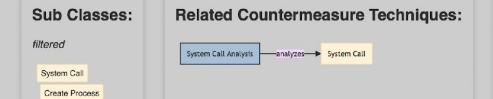
system.

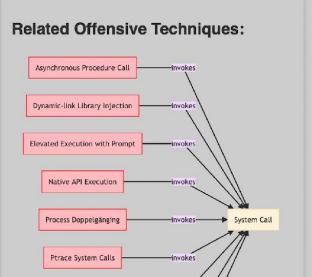
defined by http://dbpedia.org/page/System\_call



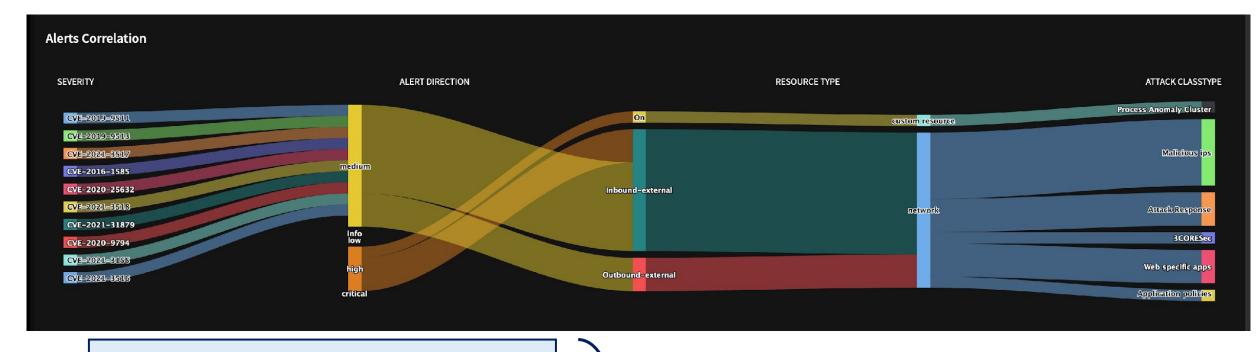
#### Inferred Relationships

Note: the inference is not fully transitive in this release. This page is experimental and will change significantly in future releases.





### Deepfence Attack Correlation





Map the Attack Surface
Topology and vulnerabilities



**Monitor Application Behavior**Monitor for traffic and anomalies



#### **Correlate Signals**

Identify attack risks
Automated and guided remediation



### The future brings...



A sophisticated categorization of cybersecurity concepts



A common approach and language for SecOps and DevOps



Automated tools to prioritize risks, assess coverage, test measures



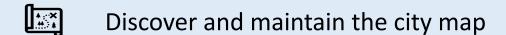
Common frameworks to build higher-quality solutions



The job of a security professional is never done

#### You are the star of your movie

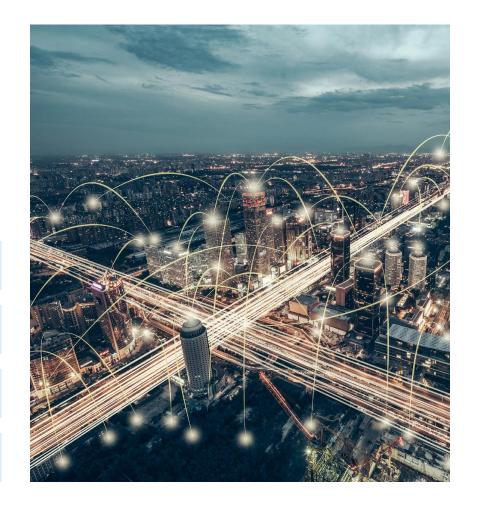
- Production Platforms are a vibrant, growing city
- Complex, fluid, open, with many valuable assets
- Sophisticated attackers know to infiltrate and spread
- Deepfence empowers you to secure this 'city' of apps



Annotate it with potential security vulnerabilities

Observe activity and alert to suspicious behavior

Deploy targeted defense when needed





## deepfence

### Appendix – Useful Resources

- Who is exposing services they should not (use for fun, not profit):
  - https://www.exploit-db.com/google-hacking-database
  - Search for (e.g.) <u>Network or Vulnerability Data</u> and submit the search to Google
- OpenSCAP: <a href="https://www.open-scap.org">https://www.open-scap.org</a> compliance profiles
- MITRE ATT&CK framework
  - MITRE ATT&CK Navigator and Overview
- MITRE D3FEND
- Deepfence.io and live demo
- Me (<u>Owen Garrett</u>)

